

# Sample Pattern Guide

Use this format as a guideline for submitting your pattern for the Block of the Month Service Project design contest.

## **Name of Block**

**Submitted By** – Your Name

**Source(s)** – List any sources you used to design your block

ex. Learn to Knit Afghan Book by Barbara Walker

**Materials** – list yarn and tools used to create your block. Include the yarn brand, weight and colors used along with needle size(s)

ex. Red Heart Worsted Acrylic Yarn - Color A and Color B  
size US 8/5.0mm needles

**Gauge** – Include the gauge for your block and indicate which pattern stitch you used to determine gauge. It is standard to express gauge as X sts over 4in/10cm.

ex. 16 sts over 4in/10cm over stockinette stitch

**Pattern Note(s)** - Here is where you can put special notes about the pattern if they are needed. Not every block design will need a notes section.

ex. On all right side rows slip all stitches purlwise with the yarn in back. On wrong side rows slip all stitches purlwise with yarn in front.

**Abbreviations** – If your block pattern uses abbreviations other than the ones listed on the standard abbreviations and symbols list provided for this contest, list them here.

ex. K3togtbl = knit 3 together through the back loops

**Pattern Section** - This is the main part of the pattern where you include cast on information, row by row instructions or a pattern chart and key and the written instructions for creating the block.

ex. With color A cast on 33 sts.

**Row 1 (RS):** with color A - knit

**Row 2 (WS):** with color A - knit

**Row 3:** with color B – K1, \*sl 1, k1; repeat from \* to end of row

**Row 4:** with color B – K1, \*sl 1, k1; repeat from \* to end of row

Repeat rows 1- 4 twenty times (80 rows). With color A knit one row then bind off. Block if needed and weave in yarn tails.










## Abbreviations and Symbols List

This is the list of abbreviations and symbols commonly used in the patterns and charts for the Block of the Month service project. You can use this as a reference for working the provided patterns or as a guide for your own pattern for the design contest.

### Abbreviations List

BO	bind off
cm	centimeter
cn	cable needle
co	cast on
k	knit
k2tog	knit two stitches together
k2togtbl	knit two stitches together through the back loops
kwise	knitwise
M1	make one increase
p	purl
p2tog	purl two stitches together
p2togtbl	purl two stitches together through the back loops
pssso	pass slip stitch over
p2sso	pass two slipped stitches over
pwise	purlwise
RS	right side
sl	slip
ssk	slip one kwise, slip one kwise, k2 sl sts tog tbl
st(s)	stitch(es)
tbl	through the back loop
tog	together
WS	wrong side
wyb	with yarn in back
wyf	with yarn in front
yo	yarn over

### Symbols

	K on RS rows, P on WS rows
	P on RS rows, K on WS rows
	Duplicate stitch with contrasting color yarn - K on RS, P on WS
	yo
	sl 1, k1, pssso
	no stitch
	make one (increase)
	k2tog
	ssk